### 2019 HIV/AIDS AWARENESS DAYS

Annual awareness days help educate the general public and specific communities about HIV/AIDS. Since the virus affects people from all walks of life, the number of awareness days has increased over the years. Display this calendar to remind you of upcoming awareness days, and use the hashtags shown to promote them on social media. To find out more information about the various HIV/AIDS awareness days, visit poz.com/awareness-days.

### **JANUARY**

Su M Tu W Th F Sa

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(7) 8 9 10 11 12

**15** (16) (17)

27 28 29 30 31

### **FEBRUARY**

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(13)

**25 26 27 28** 

National Black HIV/AIDS Awareness Day **#NBHAAD** 

### **MARCH**

Su M Tu W Th F Sa

**National Women and Girls HIV/AIDS Awareness Day #NWGHAAD** 

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(5) 6 7 (8)

(12) (13) (14)

20

28 29 30 26

**National Native HIV/AIDS** 

31

**Awareness Day #NNHAAD** 

### **APRIL**

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23 24 25 26 27

**National Youth HIV & 130 AIDS Awareness Day** #NYHAAD

**National Transgender HIV Testing Day #NTHTD** 

### MAY

Su M Tu W Th F

**HIV Vaccine** Awareness Day **#HVAD** 

3

9 (10)

(14) (15) (16) (17)

**National Asian & Pacific Islander** 

HIV/AIDS Awareness Day #NAPIHAAD **National Hepatitis Testing Day #hepaware** 

### **JUNE**

Su M Tu W Th F Sa

**HIV Long-Term Survivors Awareness Day** #HLTSAD

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National Caribbean American HIV/ AIDS Awareness Day #NCAHAAD 30

National HIV Testing Day #NHTD

### **JULY**

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### **AUGUST**

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**National Faith HIV/AIDS Awareness Day #NFHAAD** Always observed on the last Sunday in August SEPTEMBER

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**National HIV/AIDS and** 29 30 **Aging Awareness Day #NHAAD** 

> National Gay Men's HIV/AIDS Awareness Day #NGMHAAD

### **OCTOBER**

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**National Latinx AIDS Awareness Day #NLAAD** 

### **NOVEMBER**

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### **DECEMBER**

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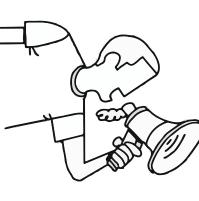
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**22 23 24 25 26 27 28** 

29 30 31

**World AIDS Day** #WAD

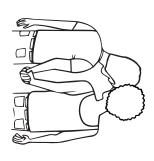


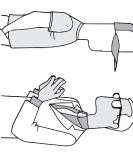
### THIER LIFE CAN START

infections, certain cancers, and even AIDS that it can help reduce the risk of some body. Plus, doctors and scientists have found helps stop the damage HIV causes to your Starting HIV treatment as soon as possible

# TREATMENT HELPS PREVENT THE SPREAD OF HIV

and practice safer sex doesn't prevent other STIs. So use condoms HIV is still in the body, and being undetectable basically no risk of spreading HIV through sex. Starting and sticking to HIV treatment can lower treatment and staying undetectable means there's measured by a test. It's called being undetectable. the amount of virus in the body so much, it can't be According to current research, *sticking* to daily





but when you work together it helps your healthcare Have an open conversation. There's no cure for HIV, provider find the treatment that's right for you.



### Watch HIV: "Treat 2 Prevent"

protect you and the people you care about. See how staying on treatment can help

YouTube.com/HelpStopTheVirus

Here are two resources that can help

### STOP THE VIRUS.

see how we can all help stop the virus Watch videos, share information, and

YouTube.com/HelpStopTheVirus HelpStopTheVirus.Tumblr.com HelpStopTheVirus.com



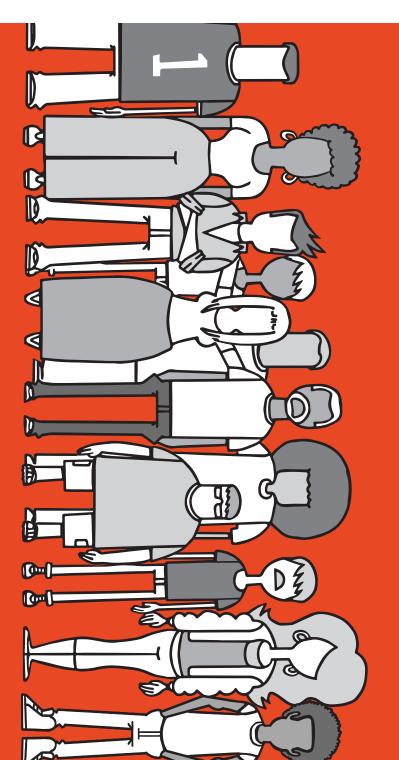
Get the answers you need privately, on your phone.

HIVanswers.com/app



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## HELP PROTECT YOUR HEALT



There is no cure for HIV, but find out how treatment helps make it possible to live a healthier life

