



2024 HIV AND AIDS AWARENESS DAYS

Awareness days help educate the general public and specific communities about HIV and AIDS. Display this poster as a reminder of upcoming awareness days, and use the hashtags shown to promote them on social media.

FEBRUARY

7

National Black HIV/AIDS Awareness Day #NBHAAD

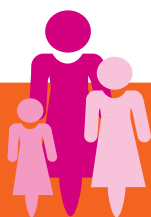
According to the Centers for Disease Control and Prevention (CDC), Black people account for 40% of estimated HIV infections, even though they make up only 12% of the U.S. population. NBHAAD helps to raise awareness of HIV testing, prevention and treatment in communities of color.



28

HIV Is Not a Crime Awareness Day #HIVisNotACrime

HIV-specific laws are not only outdated, but they also disproportionately impact Black, Latino and LGBTQ people as well as individuals who engage in sex work. This awareness day aims to raise awareness of HIV criminalization laws in the country and amplify the work of those trying to reform them.



MARCH

10

National Women and Girls HIV/AIDS Awareness Day #NWGHAAD

According to the CDC, women made up 18% of new HIV diagnoses in the United States in 2021. This awareness day emphasizes the need for further prevention efforts aimed at women and girls and promotes equity in HIV care and treatment.

19

National Native HIV/AIDS Awareness Day #NNHAAD

Observed on the first day of spring, this day aims to combat HIV-related stigma in Indigenous communities. It also encourages American Indians, Alaska Natives and Native Hawaiians to get tested and promote awareness of HIV in their communities.



APRIL

10

National Youth HIV & AIDS Awareness Day #NYHAAD

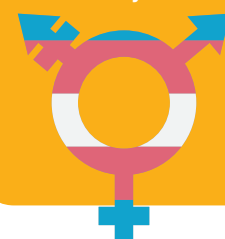
This awareness day was launched to engage young people on the topic of HIV and AIDS. According to the CDC, people ages 13 to 34 accounted for more than half of new U.S. HIV diagnoses in 2021.



18

National Transgender HIV Testing Day #NTHTD

HIV disproportionately affects the transgender community. NTHTD recognizes the importance of routine testing and a continued focus on HIV prevention and treatment among people who are transgender, gender-nonconforming and nonbinary.



MAY

19

National Asian & Pacific Islander HIV/AIDS Awareness Day #APIMay19

This awareness day presents an opportunity to highlight how HIV uniquely affects Asians and Pacific Islanders. The goal is to promote HIV testing and treatment and encourage conversations about HIV in these communities.

19

Hepatitis Testing Day #HepTestingDay

Approximately one in five people living with HIV nationwide also have hepatitis C, and people at risk for HIV are also at risk for hepatitis B. Hepatitis Testing Day aims to provide support for those living with viral hepatitis, to increase awareness of the various types of hepatitis and to encourage testing.

18

HIV Vaccine Awareness Day #HVAD

Led by the National Institute of Allergy and Infectious Diseases, HVAD showcases the progress made in the search for a safe and effective HIV vaccine. It also marks an opportunity to educate communities about the importance of vaccine research.



JUNE

5

HIV Long-Term Survivors Awareness Day #HLTSAD

First observed in 2014, this awareness day honors long-term survivors of HIV, highlights the challenges they face and marks an opportunity to advocate for resources to meet their particular needs.



27

National HIV Testing Day #HIVTestingDay

According to the CDC, approximately 13% of people living with HIV don't know they have the virus. This awareness day serves as a reminder to people of all ages to learn the facts about HIV and get tested for the virus.



JULY

21

Zero HIV Stigma Day #ZeroHIVStigmaDay

A joint initiative of NAZ and IAPAC, in collaboration with the Global HIV Collaborative and Fast-Track Cities Institute, this awareness day highlights the negative impacts of HIV-related stigma around the world and promotes ways to fight it.



AUGUST

20

Southern HIV/AIDS Awareness Day #SHAAD

In 2021, more than 50% of new HIV diagnoses were in the South. SHAAD raises awareness of the HIV crisis in the region and marks an opportunity to advocate for resources to address it.



25

National Faith HIV/AIDS Awareness Day #NFHAAD

HIV affects people of all faiths across the United States. The goal of NFHAAD, which is observed on the last Sunday in August, is to bring together Muslims, Christians, Jews, Buddhists, Hindus and members of other religions to raise awareness and fight the virus.



SEPTEMBER

9

National African Immigrants and Refugee HIV/AIDS and Hepatitis Awareness Day #NAIRHHADay

This awareness day draws national and local attention to the HIV and viral hepatitis needs of African immigrants living in the United States. The goal is to address some of the unique issues that African immigrants face through awareness, education and resources.



18

National HIV/AIDS and Aging Awareness Day #HIVandAging

According to the CDC, more than half of people living with HIV and AIDS in the United States are ages 50 and older. This awareness day promotes HIV education and encourages HIV testing for all older adults.



27

National Gay Men's HIV/AIDS Awareness Day #NGMHAAD

According to the CDC, gay and bisexual men accounted for 70% of new HIV infections in the United States in 2021. In addition to promoting HIV testing, NGMHAAD is a time to raise awareness of and support dialogue about HIV prevention and treatment and the unique needs of gay and bi men.

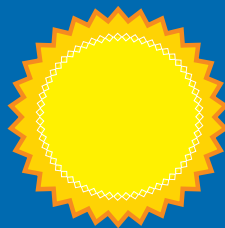


OCTOBER

15

National Latinx AIDS Awareness Day #NLAAD

According to the CDC, Latinos accounted for 29% of new HIV infections in 2021. NLAAD's objective is to unite and mobilize the community to promote HIV testing and education.



DECEMBER

1

World AIDS Day #WorldAIDSDay

About 39 million people across the globe were living with HIV in 2022, according to UNAIDS. On this awareness day, the world comes together to show solidarity in the fight against HIV, to express support for those living with the virus and to remember those lost to the epidemic.



You can live well with HIV

It's important to start HIV treatment as soon as possible and stick with it. Remember to take your treatment as prescribed and stay engaged in care. Taking care of yourself is a great way to help you live well with HIV.



There is power in maintaining your sexual health

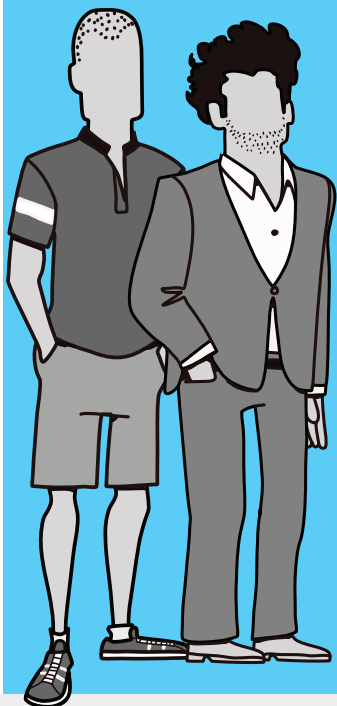
HIV doesn't have to stop you from being you. Discover helpful tips and support to keep living your authentic life.

Find more helpful information and resources at [HelpStopTheVirus.com](https://www.HelpStopTheVirus.com)

STOP THE VIRUS.



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Treatment helps prevent the spread of HIV

If you're living with HIV, a major goal is to get your viral load to undetectable. This means that there is so little virus in the blood that a lab test can't measure it. **Current research shows that taking treatment as prescribed and getting to and staying undetectable prevents the transmission of HIV through sex. This is also known as U=U.**

Why U=U matters

U=U means undetectable=untransmittable. It helps destigmatize living with HIV, raises awareness that today's medications can be effective, and reminds people of the importance of continuing to take treatment as prescribed. Stay empowered to live a longer and healthier life.



Speak with your healthcare provider

It's important to be open and honest with your healthcare provider to find the right treatment for you and your routine. No questions are off limits when you meet with them.

Start HIV treatment ASAP



Model portrayal

Learn how to look after your health

If you are living with HIV, talk to your healthcare provider about treatment options.

Help Stop the Virus provides resources and information that can help you stay engaged in your health. Visit [HelpStopTheVirus.com](https://www.HelpStopTheVirus.com)



SEE INSIDE



STOP THE VIRUS.