

Antiretroviral (ARV) options abound for both those who are new to HIV treatment and those who are experienced. This quick-reference chart compares medication options, including adult dosing and dietary restrictions.

\*Generic version available in the U.S. †To be phased out by 2020 (Pills not shown actual size)

123

## ATRIPLA

(efavirenz + tenofovir disoproxil fumarate + emtricitabine)  
One tablet once a day. Each tablet contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

GSI

## BIKTARVY

(bictegravir + tenofovir alafenamide + emtricitabine)  
One tablet once a day. Each tablet contains 50 mg bictegravir + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.

GSI

## COMPLERA

(rilpivirine + tenofovir disoproxil fumarate + emtricitabine)  
One tablet once a day. Each tablet contains 25 mg rilpivirine + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with a meal.

776

## DELSTRIGO

(doravirine + tenofovir disoproxil fumarate + lamivudine)  
One tablet once a day. Each tablet contains 100 mg doravirine + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.

SV 137

## DOVATO

(dolutegravir + lamivudine)  
One tablet once a day. Each tablet contains 50 mg dolutegravir + 300 mg lamivudine. Take with or without food.

510

## GENVOYA

(elvitegravir + cobicistat + tenofovir alafenamide + emtricitabine)  
One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.

SV J31

## JULUCA

(dolutegravir + rilpivirine)  
One tablet once a day. Each tablet contains 50 mg dolutegravir + 25 mg rilpivirine. Take with a meal.

M 112

## CIMDUO

(tenofovir disoproxil fumarate + lamivudine)  
One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.

GX FCJ

## COMBIVIR \*

(zidovudine + lamivudine)  
One tablet twice a day. Each tablet contains 300 mg zidovudine + 150 mg lamivudine. Take with or without food.

GSI

## DESCOVI

(tenofovir alafenamide + emtricitabine)  
One tablet once a day. Each tablet contains 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.

20 mg 25 mg

## EMTRIVA

(emtricitabine; FTC)  
One 200 mg capsule once a day. Take with or without food.

GX EJ7

## EPIVIR \*

(lamivudine; 3TC)  
One 300 mg tablet once a day, or one 150 mg tablet twice a day. Take with or without food. Also approved for the treatment of hepatitis B virus (HBV) but at a lower dose. People living with both viruses should use the HIV dose.

GSI FC2

## EPZICOM \*

(abacavir + lamivudine)  
One tablet once a day. Each tablet contains 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B\*5701 negative.

300

## RETROVIR \*

(zidovudine; AZT)  
One 300 mg tablet twice a day. Take with or without food.

GX LL1

## TRIZIVIR \*

(abacavir + zidovudine + lamivudine)  
One tablet twice a day. Each tablet contains 300 mg abacavir + 300 mg zidovudine + 150 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B\*5701 negative.

TPV 250

## APTIVUS

(tipranavir)  
Two 250 mg capsules plus two 100 mg Norvir tablets twice a day. Aptivus plus Norvir should be taken with food.

CRIVAN 400 mg

## CRIVAN

(indinavir)  
Two 400 mg capsules every eight hours, or two 400 mg capsules with either one or two 100 mg Norvir tablets twice a day. Drink at least 48 ounces of water daily to prevent kidney stones. Without Norvir: Take on an empty stomach (no food two hours before or one hour after dosing) or with a low-fat snack. With Norvir: Take with or without food.

3641

## EVOTAZ

(atazanavir + cobicistat)  
One tablet once a day. Each tablet contains 300 mg atazanavir + 150 mg cobicistat. Take with food.

SOV 500

## INVIRASE

(saquinavir)  
Two 500 mg tablets plus one 100 mg Norvir tablet twice a day. Take with food or within two hours after a meal.

AKR

## KALETRA

(lopinavir + ritonavir)  
Two tablets twice a day, or four tablets once a day, depending on HIV drug resistance. Each tablet contains 200 mg lopinavir + 50 mg ritonavir. Take with or without food.

GX LL7

## LEXIVA

(fosamprenavir)  
Two 700 mg tablets twice a day, or two 700 mg tablets plus one or two Norvir tablets once a day, or one 700 mg tablet plus one Norvir tablet twice a day (recommended for individuals who have used other PIs in the past). Take with or without food.

TG

## PREZCOBIX

(darunavir + cobicistat)  
One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat. Take with food.

TMC

## EDURANT

(rilpivirine)  
One 25 mg tablet once a day. Take with food.

T200

## INTELENCE

(etravirine)  
One 200 mg tablet twice a day. Take with food.

700

## PIFELTRO

(doravirine)  
One 100 mg tablet once a day. Take with or without food.

RESCRIPTOR 200 mg

## RESCRIPTOR †

(delavirdine)  
Two 200 mg tablets three times a day, or four 100 mg tablets three times a day. Take with or without food. Discontinued by manufacturer; phaseout to be completed by 2020.

SUSTIVA

## SUSTIVA \*

(efavirenz)  
One 600 mg tablet once a day, or three 200 mg capsules once a day. Take on an empty stomach or with a low-fat snack. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

V04

## VIRAMUNE \*

(nevirapine)  
One 200 mg Viramune immediate release (IR) tablet once a day for the first 14 days, then one 400 mg Viramune extended release (XR) tablet once a day. Take with or without food.



## FUZEON

(enfuvirtide)  
One 90 mg (1 mL solution) subcutaneous injection twice a day. Take with or without food. Fuzeon comes as a white powder that must be mixed with sterile water in a vial each day.

**ODEFSEY**

(rilpivirine + tenofovir alafenamide + emtricitabine)  
One tablet once a day. Each tablet contains 25 mg rilpivirine + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with a meal.

**STRIBILD**  
(elvitegravir + cobicistat + tenofovir disoproxil fumarate + emtricitabine)

One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with food.

**SYMFI AND SYMFI LO**  
(efavirenz + tenofovir disoproxil fumarate + lamivudine)

One tablet of either Symfi or Symfi Lo (above) once a day. Each tablet of Symfi contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Each tablet of Symfi Lo contains 400 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

**SYMITUZA**  
(darunavir + cobicistat + tenofovir alafenamide + emtricitabine)

One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.

**TRIUMEQ**  
(dolutegravir + abacavir + lamivudine)

One tablet once a day. Each tablet contains 50 mg dolutegravir + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B\*5701 negative.

**TRUVADA**  
(tenofovir disoproxil fumarate + emtricitabine)

One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with or without food.

**VIDEX EC \* †**  
(didanosine, ddl)

One 400 mg capsule once a day. (One 250 mg capsule once a day for those weighing less than 133 lbs.) Take on an empty stomach (two hours after or one hour before a meal). Brand-name product discontinued; phaseout to be completed by 2020.

**VIREAD \***  
(tenofovir disoproxil fumarate)

One 300 mg tablet once a day. Take with or without food.

**ZERIT \* †**  
(stavudine; d4T)

One 40 mg capsule twice a day. (One 30 mg capsule twice a day for those weighing less than 133 lbs.) Take with or without food. Brand-name product discontinued; phaseout to be completed by 2020.

**ZIAGEN \***  
(abacavir)

One 300 mg tablet twice a day, or two 300 mg tablets once a day. Take with or without food. Should be used only by individuals who are HLA-B\*5701 negative.

**PREZISTA**  
(darunavir)

One 800 mg tablet (or two 400 mg tablets) plus one 100 mg Norvir tablet, or one 150 mg Tybost tablet once a day, or one 600 mg tablet plus one 100 mg Norvir tablet twice a day, depending on drug resistance. Take with food.

**REYATAZ \***  
(atazanavir)

Two 200 mg capsules once a day, or one 300 mg capsule plus one 100 mg Norvir tablet, or one 150 mg Tybost tablet once a day. Take with food.

**VIRACEPT**  
(nelfinavir)

Two 625 mg tablets twice a day, or five 250 mg tablets twice a day, or three 250 mg tablets three times a day. Take with food.

**NORVIR \***  
(ritonavir)

Six 100 mg tablets twice a day. The full dose of Norvir is rarely used. It is most often used at lower doses to boost the levels of other ARVs in the blood. Take with food.

**TYBOST**  
(cobicistat)

One 150 mg tablet once a day in combination with ARVs that require boosting. Used only to boost other drugs. Take with food.

**SELZENTRY**  
(maraviroc)

One 150 mg, 300 mg or 600 mg tablet twice a day, depending on other meds used. Take with or without food.

**TROGARZO**  
(ibalizumab)

Administered intravenously as a single loading (or initial) dose of 2,000 mg followed by a maintenance dose of 800 mg every two weeks.

**ISENTRESS**  
(raltegravir)

Two 600 mg Isentress HD tablets (above) once a day for those who are treatment naïve or whose virus has been suppressed on an initial regimen. One 400 mg Isentress tablet twice daily for people with HIV treatment experience. Take with or without food.

**TIVICAY**  
(dolutegravir)

One 50 mg tablet once a day for those first starting ARV therapy or for those who have not used an integrase inhibitor in the past. One 50 mg tablet twice a day for treatment-experienced individuals who have HIV that is resistant to other integrase inhibitors and when taken with certain ARVs. Take with or without food.

# IT STARTS WITH KNOWING YOUR STATUS.

**The only way to know your status is to get tested for HIV.**



## IF YOUR RESULT IS POSITIVE ...

It's okay to feel overwhelmed or confused. But HIV treatments can help people live longer, healthier lives. Talk to a healthcare provider as soon as possible after diagnosis. There's no cure for HIV, but by starting, sticking to, and staying on daily treatment, HIV can be a manageable disease for many people.

## IF YOUR RESULT IS NEGATIVE ...

There are things you can do to stay that way. Use condoms, get retested regularly, and talk to a healthcare provider about HIV prevention medicines for PEP (Post-exposure Prophylaxis) and PrEP (Pre-Exposure Prophylaxis).

# HIV TREATMENT HELPS PROTECT EVERYONE.

Starting and sticking to HIV treatment can lower the amount of virus in the body to undetectable. **According to current research, starting and sticking to treatment every day can help you get to and stay undetectable, which means there's effectively no risk of spreading HIV through sex.** It's called Treatment as Prevention, or TasP. So, HIV treatment can help protect everyone, positive and negative.



# 3 WORDS EVERYONE SHOULD KNOW.

## PrEP

Pre-Exposure Prophylaxis: “Pre” means “before” and “Prophylaxis” means “prevention.” PrEP means taking prescription medicines every day *before* you are exposed to HIV to help reduce the risk of getting HIV. PrEP is for people who are HIV negative and are at risk of getting HIV through sex.

## PEP

Post-Exposure Prophylaxis: “Post” means “after.” PEP means taking prescription medicines daily, immediately after being exposed to HIV, for 28 days to help reduce the risk of infection. You need to start taking it within 72 hours after exposure. So go to a doctor or healthcare center right away.

## Undetectable

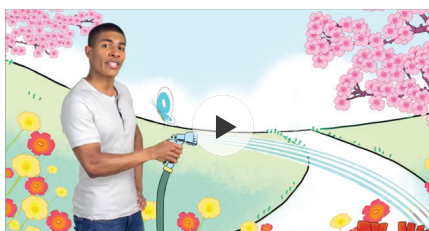
If you have HIV, the goal is to get your viral load to undetectable. This means there’s so little virus in the blood that a test can’t measure it. There’s no cure, but getting to and staying undetectable can help reduce the risk of passing HIV through sex. How do you get to undetectable? By starting HIV treatment and taking it every day exactly as prescribed.

## HIV INFORMATION MATTERS, TOO.

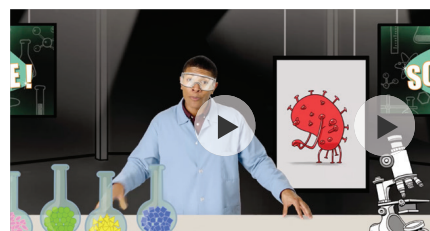
Check out [HelpStopTheVirus.com](http://HelpStopTheVirus.com) for more prevention information. And watch videos about HIV medicines, testing, and the importance of sticking to daily treatment.



5 Reasons to Stick to HIV Treatment



Testing Season



Fight Back With HIV Treatment

# STOP THE VIRUS.

[HelpStopTheVirus.com](http://HelpStopTheVirus.com)

Ask a healthcare provider about all the ways you can help prevent HIV.



GILEAD and the GILEAD Logo are trademarks of Gilead Sciences, Inc. All other marks are the property of their respective owners. © 2019 Gilead Sciences, Inc. All rights reserved. UNBC6347 06/19

SHOULD HIV PREVENTION  
MATTER TO ME?

I AM  
LIVING WITH HIV.

I AM  
HIV NEGATIVE.

YES!  
PREVENTION MATTERS  
TO EVERYONE.

See how we can all help stop the virus in  
our bodies and communities.



STOP THE VIRUS.