A one-month lead-in period with Vocabria (cabotegravir) + 150 mg cobicistat + 10 mg tenofovir alafenamide + 100 mg doravirine + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

One tablet once a day. Each tablet contains 100 mg doravirine + 600 mg abacavir + 300 mg lamivudine. Take with or without food.

One tablet once a day. Each tablet contains 50 mg dolutegravir + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.

One tablet once a day. Each tablet contains 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.

One 200 mg capsule once a day. Take with or without food.

One 25 mg tablet once a day. Take with food.

One 300 mg tablet once a day, or one 150 mg tablet twice a day. Take with or without food. Also approved for the treatment of hepatitis B virus but at a lower dose. People living with both viruses should use the HIV dose.

Two 300 mg tablets plus one 100 mg Norvir tablet once a day, or one 600 mg tablet plus one 100 mg Norvir tablet twice a day, depending on drug resistance. Take with food.

Two 200 mg tablets once a day, or one 300 mg capsule plus one 100 mg Norvir tablet once a day. Take with food.

Two 600 mg Isentress HD tablets (shown) once a day for those who are treatment naive or whose virus has been suppressed on an initial regimen of lopinavir. One 400 mg Isentress tablet twice daily for people with HIV treatment experience. Take with or without food.

Two 600 mg Isentress HD tablets (shown) once a day for those who are treatment naive or whose virus has been suppressed on an initial regimen of lopinavir. One 400 mg Isentress tablet twice daily for people with HIV treatment experience. Take with or without food.

Two 800 mg tablet, or two 400 mg tablets plus one 100 mg Norvir tablet once a day, or one 600 mg tablet plus one 100 mg Norvir tablet twice a day, depending on drug resistance. Take with food.

Two 200 mg tablets once a day, or one 300 mg capsule plus one 100 mg Norvir tablet once a day. Take with food.

One tablet once a day. Each tablet contains 100 mg doravirine + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

One tablet once a day. Each tablet contains 100 mg doravirine + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

One tablet once a day. Each tablet contains 100 mg doravirine + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

One 200 mg capsule once a day. Take with or without food.

One 250 mg tablet twice a day. Take with food.

One 150 mg tablet once a day in combination with ARVs that inhibit capsid protein. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

One 150 mg tablet once a day with once-daily Edurant for treatment-experienced patients. Take with or without food.

One 30 mg tablet taken once a day with once-daily Edurant for treatment-experienced patients. Take with or without food.

One 200 mg tablet twice a day. Take with food.

One 50 mg tablet twice a day, depending on drug resistance. Take with food.

One 150 mg tablet twice a day, or two 300 mg tablets once a day. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

One 300 mg tablet once a day. Take with or without food.

One tablet once a day. Each tablet contains 300 mg abacavir + 300 mg lamivudine. Take with or without food.

One 150 mg tablet once a day in combination with ARVs that inhibit capsid protein. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.

Visit poz.com/drugchart-prevention for a list of ARV options to prevent HIV.

**Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs, or non-nukes)**

**Nucleoside/Nucleotide Reverse Transcriptase Inhibitors (NRTIs, or nukes)**

**Protease Inhibitors (PIs)**

**Complete Regimens**

**Gastrointestinal (GI) Agents**

**Capsid Inhibitors**

**Integrase Inhibitors**

**Symfi AND Symfi LO**

**CIMDUO**

**ATRIPLA**

efavirenz + tenofovir disoproxil fumarate + emtricitabine

One tablet once a day. Each tablet contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

**EMTRIVA**

emtricitabine (also known as FTC)

One 200 mg capsule once a day. Take with or without food.

**EMTRIVA**

emtricitabine (also known as FTC)

One 200 mg capsule once a day. Take with or without food.

**EVOTAZ**

atazanavir + cobicistat

One tablet once a day. Each tablet contains 300 mg atazanavir + 150 mg cobicistat. Take with food.

**KALETRA**

lopinavir + ritonavir

Two tablets twice a day, or four tablets once a day, depending on HIV drug resistance. Each tablet contains 200 mg lopinavir + 50 mg ritonavir. Take with or without food.

**PREZISTA**

darunavir + cobicistat

One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat. Take with food.

**PREZISTA**

darunavir + cobicistat

One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat. Take with food.

**REYATAZ**

atazanavir

Two 200 mg capsules once a day, or one 300 mg capsule plus one 100 mg Norvir tablet once a day. Take with food.

**ISENTRESS**

raltegravir

Two 600 mg Isentress HD tablets (shown) once a day for those who are treatment naive or whose virus has been suppressed on an initial regimen of lopinavir. One 400 mg Isentress tablet twice daily for people with HIV treatment experience. Take with or without food.

**TIVICAY**

dolutegravir

One 50 mg tablet once a day for those first starting ARV therapy or for those who have not used an integrase inhibitor in the past. One 50 mg tablet twice a day for people with treatment experience who have HIV that is resistant to other integrase inhibitors and when taken with certain ARVs. Take with or without food.

**VOCABRIA**

cobetegavir

One 30 mg tablet taken once a day with once-daily Edurant for a month as an optional lead-in regimen before switching to Cabenuva injections or for short-term treatment. Take with food.
**Complete Regimens**

<table>
<thead>
<tr>
<th>Brand Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>JULUCA</td>
<td>Dolutegravir + rilpivirine. One tablet once a day. Each tablet contains 50 mg dolutegravir + 25 mg rilpivirine. Take with a meal.</td>
</tr>
<tr>
<td>ODEFSEY</td>
<td>Rilpivirine + tenofovir alafenamide + emtricitabine. One tablet once a day. Each tablet contains 25 mg rilpivirine + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with a meal.</td>
</tr>
<tr>
<td>SYMFY AND SYMFYLO</td>
<td>Efavirenz + tenofovir disoproxil fumarate + lamivudine. One tablet of either Symfi or Symfi Lo once a day. Each tablet of Symfi contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Each tablet of Symfi Lo (shown) contains 400 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.</td>
</tr>
<tr>
<td>SYMTUZA</td>
<td>Darunavir + cobicistat + tenofovir alafenamide + emtricitabine. One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.</td>
</tr>
<tr>
<td>TRIUMEQ</td>
<td>Dolutegravir + abacavir + lamivudine. One tablet once a day. Each tablet contains 50 mg dolutegravir + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.</td>
</tr>
<tr>
<td>EDURANT</td>
<td>Etravirine. One 25 mg tablet once a day. Take with food.</td>
</tr>
<tr>
<td>INTELENCE</td>
<td>Etravirine. One 200 mg tablet twice a day. Take with food.</td>
</tr>
<tr>
<td>PIFELTRO</td>
<td>Doravirine. One 100 mg tablet once a day. Take with or without food.</td>
</tr>
<tr>
<td>SUSTIVA</td>
<td>A long-acting injectable administered intravenously as a single loading dose of 2,000 mg followed by a maintenance dose of 800 mg every two weeks for people with HIV treatment experience.</td>
</tr>
</tbody>
</table>

**PK Boosters**

<table>
<thead>
<tr>
<th>Brand Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>NORVIR</td>
<td>Ritonavir. One 150 mg tablet once a day in combination with ARVs that require boosting. Used only to boost other drugs. Take with food.</td>
</tr>
<tr>
<td>TYBOST</td>
<td>Cobicistat. One 150 mg tablet once a day in combination with ARVs that require boosting. Used only to boost other drugs. Take with food.</td>
</tr>
<tr>
<td>SUNLENCA</td>
<td>Lenacapavir. Sunlenca tablets are taken as a loading dose, with injections once every six months thereafter. Take with or without food.</td>
</tr>
</tbody>
</table>

**These antiretroviral medications are rarely prescribed and no longer recommended:**

- APTIVUS (tipranavir)
- COMBIVIR (zidovudine + lamivudine)
- CRIXIVAN (indinavir)
- FUZEON (enfuvirtide)
- INVIRASE (saquinavir)
- LEXIVA (fosamprenavir)
- RETROVIR (zidovudine (AZT))
- TRIZIVIR (abacavir + zidovudine + lamivudine)
- VIRACEPT (nelfinavir)
- VIRAMUNE (nevirapine)
- ZERIT (stavudine (d4T))

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You can live well with HIV

It's important to start HIV treatment as soon as possible and stick with it. Remember to take your treatment as prescribed and stay engaged in care. Taking care of yourself is a great way to help you live well with HIV.

There is power in maintaining your sexual health

HIV doesn't have to stop you from being you. Discover helpful tips and support to keep living your authentic life.

Find more helpful information and resources at HelpStopTheVirus.com

STOP THE VIRUS.
If you're living with HIV, a major goal is to get your viral load to undetectable. This means that there is so little virus in the blood that a lab test can't measure it. Current research shows that taking treatment as prescribed and getting to and staying undetectable prevents the transmission of HIV through sex. This is also known as U=U.

Why U=U matters

U=U means undetectable=untransmittable. It helps destigmatize living with HIV, raises awareness that today's medications can be effective, and reminds people of the importance of continuing to take treatment as prescribed. Stay empowered to live a longer and healthier life.

It's important to be open and honest with your healthcare provider to find the right treatment for you and your routine. No questions are off limits when you meet with them.
If you are living with HIV, talk to your healthcare provider about treatment options.

Help Stop the Virus provides resources and information that can help you stay engaged in your health. Visit HelpStopTheVirus.com

Learn how to look after your health

If you are living with HIV, talk to your healthcare provider about treatment options.

Help Stop the Virus provides resources and information that can help you stay engaged in your health. Visit HelpStopTheVirus.com

Start HIV treatment ASAP

Model portrayal

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