

New CDC Recommendations for HIV Testing in Laboratories

A step-by-step account of the approach

The CDC's new recommendations for HIV testing in laboratories capitalize on the latest available technologies to help diagnose HIV earlier after infection—as much as 3 to 4 weeks sooner than the previous testing approach. Early diagnosis is critical since many new infections are transmitted by people in the earliest (“acute”) stage of infection. By putting the latest technology to work in laboratories across the United States, we can help identify more people who are newly infected and take steps to help prevent them from passing on the virus.

